

Sherry Gideons



Sherry Gideons International

Media Kit

Sherry Gideons

Sherry Gideons is a professional speaker and author, a Radio Show Host at Whole Life Living Radio, a Life SOULutions Life Mastery Consultant and a Licensed RScP Spiritual Practitioner. She mentors and coaches worldwide to bring out greatness in people and inspire them to live extraordinary lives.

Gideons has been a professional bodybuilder and fitness expert. As a New Thought leader, she has achieved top honors in the fitness/wellness industry as a thriving coach and motivator. Her background includes more than twenty years of training in the health and wellness industry, as well as training in metaphysics and communications. Today she continues her quest for spiritual knowledge and has a unique and powerful ability to address life issues from an integrated and comprehensive level.

Sherry has a unique story that includes two near-death experiences, the first in 1997 following a heart attack. Then in 2004, after the delivery of twins, she experienced a second massive heart attack and returned to life spiritually transformed. Her doctor told her she could die in a year without a heart transplant and would never be able to exercise again.

As a life mastery coach, Sherry used the universal principles she teaches others, immediately turning away from the appearance of illness. Sherry told the doctor she would heal to 100% of her capacity, and focused on the opposite of dis-ease, which is wellness. Today, she is totally healed.

Having gone through a childhood with deep wounds and poor self-image herself, Sherry helps people to transform the way they think of their body image. She uses her own life as an example, sharing simple truths that encourage individuals to relate them to their own experiences. As a coach and mentor, Sherry has taught many followers to create health, wellness, and the highest image of themselves. One of her goals in life is to share her unique way of creating desires, dreams and goals deliberately with individuals around the world.

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Sample Questions

- What was the experience like when you were on the other side?
- Why did you come back? Were you given a choice to come back, or not; could you have stayed?
- Did you see this plane while you were on the other plane?
- Was there a difference between the first and the second NDE, and if so what was it?
- Did you get any messages while you were over there? What kind of interaction was there? Did you see God, family; were there angels flying around, or pets?
- Did the experience change your feeling of death?
- What's different in your life because of this experience?
- I'm sure people had doubts about your experience; What kind of response have you received since telling people your story?
- How did sharing your story affect the people around you?
- It's more than a decade that has passed since your first near death experience; why did it take so long for you to bring this message to the world?
- Is there a particular message you want to deliver to people based on your experience?
- How does this all relate to your work with people?

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